

## Person Centered Thinking Training 2010

PCT training serves as a foundation for all who are involved in supporting people with disabilities in Virginia. The training content and format were developed by The Learning Community for Person Centered Practices. All trainers who deliver PCT, have been credentialed by The Learning Community. At the training, participants acquire core skills to assure that people receive person centered supports and get better lives as a result. Participants commit to attend 2 full days of this skill-based, interactive training. The \$50 registration fee will be used to offset the costs of trainers and materials.

Multiple PCT training sessions will be offered across the state in 2010. PCT training is part of a larger initiative to spread person centered practices throughout Virginia. PCT training 2010 is made possible by generous contributions of time and resources from a variety of sources. These include Systems Transformation Grant (STG), a multi-agency initiative; the [Office of Developmental Services, Department of Behavioral Health and Developmental Services](#); community services boards; training centers; provider organizations; and the [Partnership for People with Disabilities](#) at [Virginia Commonwealth University](#).

## Person Centered Thinking Curriculum Description

This 2-day training serves as a foundation and philosophical framework for everyone who is involved in supporting people with disabilities. Successful implementation of person centered plans is more likely where staff members have participated in this training.

**The training in person centered thinking is recommended for all paid staff including those who are in administrative, management, direct and support roles.**

Training in person centered thinking consists of 2 days of exercises where the participants acquire core skills in person centered thinking such as –

- The importance of being listened to and the effects of having limited positive control
- Learning to “listen” to people who don’t communicate in traditional ways

- The role of daily rituals and routines
- Discovering what is **important to** people
- Sorting what is **important for** people from what is **important to** them
- Respectfully addressing significant issues of health or safety while supporting individual choice and control
- Developing goals that help people get more of what is important to them while addressing issues of health and safety

**Day One:** The focus of this day of learning is to provide participants instruction and ample practice in the processes and structures used to develop plans that support choice while addressing issues of health and safety. Through a series of applied stories and guided exercises, participants practice sorting information using the following frameworks:

- What is **important to** a person and what is **important for** a person
- Core responsibilities for those who provide support; when judgment and creativity is expected; what is outside the responsibility of paid staff
- What makes sense and what doesn't make sense, and recording this information from a variety of perspectives
- Aspects to consider when matching people who receive supports with people who provide supports

This day of activities relies on group work and discussion.

**Day Two:** The focus of this day is to provide instruction regarding key principles of person centered thinking as applied through person centered planning. Participants develop their skills in person centered thinking through a series of guided exercises, done in pairs with a fellow participant. Through directed conversation, listening, sorting information, and writing down what they have learned about their partner, participants practice skills required when developing a person centered ISP. At the end of the day participants have completed their first plan – on themselves.

## Person Centered Thinking Training Schedule

Date	Region	Location/Address	Trainers
January 20 & 21 9-4 pm Closing date: Jan 6	5 (Tidewater)	SEVTC 2100 Steppingstone Bldg 3 Chesapeake, VA 23220-2517	Larry Adler Judy Salway Jan Nelson
January 25 & 26 9-4 pm Closing date: Jan 20	4 (Richmond metro)	Virginia United Methodist Conference Center 10330 Staples Mill Rd Rm 117/118 Glen Allen, VA 23060	David Meadows Jennifer Boyden-Barrett
January 27 & 28 9-4 pm Closing date: Jan 20	2 (NOVA)	First Baptist Church of Alexandria 2932 King Street Alexandria, VA 22302	Phil Caldwell Michelle Settler Daniel Hess Monica Marchand Crista Manieri Gary Anthony
February 23 & 24 9-4 pm Closing date: Feb 8	1 (Central)	Valley CSB 85 Sangers Lane Staunton, VA 24401	Eric Williams Eric Verdu
March 23 & 24 9-4 pm Closing date: Mar 8	3 (Southwest VA)	New River Valley CSB New River Room 700 University City Blvd Blacksburg, VA 24060 Directions	Jason Perkins Kathy Witt
April 8 & 9 9-4 pm Closing date: Mar 25	4 (Richmond metro)	Virginia United Methodist Conference Center 10330 Staples Mill Rd Rm 117/118 Glen Allen, VA 23060	Jennifer Boyden-Barrett Jodie Riley
April 14 & 15 9-4 pm Closing date: Mar 30	5 (Tidewater)	VA Beach Dept of Human Services Pembroke 3; Ste. 118 289 Independence Blvd. Virginia Beach, Virginia 23462	Jill White Michelle Seekins
May Date: TBD	2 (NOVA)	TBD	Michelle Settle
May 10 & 11 9-4 pm Closing date: Apr 23	1 (Central)	Harrison Road Community Center 4728 Harrison Road Fredericksburg, Va 22407	Barry Seaver Jodie Riley
June 8 & 9 9-4 pm Closing date: May 24	3 (Southwest VA)	Southwest Virginia Higher Education Center One Partnership Drive Abingdon, VA 24212	Jason Perkins Kathy Witt
June Date: TBD	6 (Piedmont area)	TBD	Barry Seaver Eric Williams

[Registration and payment online](#)

[Registration and payment by mail](#)