Central Virginia Transition Council
Resource Guide
February 2010

This Guide is the product of input from individuals, families, and representatives of public and private entities with an interest in increasing awareness of potential resources for individuals with autism spectrum conditions and their families.

Your feedback, suggestions, additions, and corrections to this Guide are very much appreciated!

To provide input, or to participate in a Transition Council meeting, please contact:
Dottie Narodny, Adult and Transition Services Specialist
Commonwealth Autism Service
1-800-649-8481 or 540-587-8990 ext 105

For the user of this Guide: Please remember that not every Resource may be appropriate to your needs. The responsibility for determining the reliability or effectiveness of any Resource rests with you, the user of the Guide.

You are strongly encouraged to use independent judgment and request references when accessing any Resource associated with the provision of services related to autism spectrum conditions.

The information in the Resource Guide is provided as a service to the community and does not constitute a recommendation, referral, or endorsement of any resource, therapeutic method, or service by Commonwealth Autism Service and/or the participants in the Central Virginia Transition Council.
**Adult Asperger Support Group** – Services: Free monthly support group meetings with loosely structured agenda, discussing topics of interest to participants – for adults of all ages on the high-functioning end of the autism spectrum, including Asperger Syndrome, who would like support for strengthening communication and relationship skills
Alan Beach, PhD, LCSW, LMFT
210 S. Main St. (Salem)
540 387 3955 or 540 387 3955
Abeach2@yahoo.com

**Astride with Pride** - Services: Therapeutic Riding - Children & Adults
Stormie Shelton-Hazen
540 587 0668
1913 Bell Town Rd. (Bedford)
www.astridewithpride@aol.com
www.astridewithpride.org

**Aunt Gwen’s Place** - Services: Independent living skills for youth and young adults
434 237 3700
7324 Timberlake Road (Lynchburg)
www.auntgwensplace.org

**Blue Ridge Therapy Associates** - Services: OT, PT, SLP for all ages
434 845 8765
1912 Memorial Ave (Lynchburg)
kpaulette@verizon.net
www.blueridgetherapy.com

**Cabaniss Consultants** - Services: Adolescents and Adults with intellectual and other developmental disabilities, residential, pre-vocational training
434 847 2800
3723 Old Forest Road, Ste. H (Lynchburg)
www.cabanisshomes.com

**Camp Meadowlark** - Services: Summer day camp for ages two through adulthood for individuals with cognitive and/or physical disabilities
The Arc of Central Virginia
Connie Blackwell
434 845 4071
1508 Bedford Ave. (Lynchburg)
cblackwell@arcofcva.org
http://www.arcofcva.org/Camp.htm
Camp Virginia Jaycee – Services: Summer day and residential camp for individuals with disabilities; respite weekend camps
540 947 2972
800 865 0092
2494 Camp Jaycee Rd. (Blue Ridge)
info@campvajc.org
www.campvajc.org

Center for Rehabilitation and Development - Services: Aquatic therapy, autism program, early intervention, therapeutic services (OT, PT, SLP)
540 989 1290
4515 Brambleton Ave (Roanoke)
info@crdus.com
www.crdus.com

Central Virginia Community College Disability Services Counseling Center - Services: Support and academic counseling services for CVCC students with disabilities
Amherst Hall, Room 2100
434 832 7800
3506 Wards Road (Lynchburg)
www.cv.cc.va.us

Central Virginia Community Services - Services: Behavioral health, case management services from birth through adulthood, crisis intervention and referral, counseling and therapy, early intervention, housing and residential services, intellectual disability services and waiver, mental health, nursing services, psychiatric assessment and treatment coordination
434 847 8050, 8035 (Adult Services), 8431 (Child & Family Services)
2241 Langhorne Rd. (Lynchburg)
www.cvcsb.org

Clark, Kathleen, O.D. – Services: Doctor of Optometry; evaluates visual processing, visual perceptual and visual motor skills and other functional visual skills; prescribes and fits glasses, contact lenses, and other remedial visual prostheses
434 973 5361
441 Westfield Rd. (Charlottesville)

Commonwealth Autism Service - Bedford Office – Services: Consultation regarding issues and concerns across the lifespan; information and referral; Medicaid assistance; training opportunities and workshops; resource library; Central Virginia Autism Action Group and Central Virginia Transition Council information
Dottie Narodny, Transition/Adult Services
Didi Zaryczny, Action Groups Coordinator
Bedford Community Resource Center
540 587 8990 x 105 & 108
403 Otey St. (Bedford)
dnarodny@autismva.org
dzaryczny@autismva.org
www.autismva.org

**Creative Family Solutions** - Services: Medicaid Waiver services; in-home residential supports, mentoring, crisis intervention and stabilization, behavior intervention; mental health supports
434 528 3982
517 Oakley Ave (Lynchburg)
www.creativefamilysolutions.net

**Deaf and Hard of Hearing Services Center** – Services: Outreach, information & referral, assistive technology, sign language interpreter directory, newsletter, advocacy
434 528 4991
Videophone: 866 971 3250
2323 Memorial Ave, Ste. 25 (Lynchburg)
Lynchburg@deafhh.org
www.deafhh.net

**Departments of Social Services** – Services: Child and adult day care and protective services; assisted living facilities; Virginia Caregivers Grant Program; Medicaid, FAMIS and other medical/financial assistance; children’s residential services
http://www.dss.virginia.gov/

- **Amherst County:**
  434 946 9330
  224 Second St.
  P.O. Box 414 (Amherst)

- **Bedford County:**
  540 586 7750
  119 E. Main Street
  P.O. Box 1187 (Bedford)

- **Campbell County:**
  434 332 9585
  69 Kabler Lane.
  P.O. Box 860 (Rustburg)

- **Lynchburg City:**
  434 455 5850
  99 Ninth Street
  P.O. Box 6798 (Lynchburg)
**Dominion Services** – Services: Medicaid Waiver In-home residential supports; sponsored residential services; person-centered planning; mental health support services
540 362 0796 or 540 400 7596
3646 Williamson Road NE (Roanoke)
www.dominionyouthservices.com

**Endependence Center, Inc (EC)** – Services: Advocacy and information regarding educational supports; housing assistance; independent living skills; Medicaid Waiver information and assistance
757 461 8007
6000 E. Virginia Beach Blvd. (Norfolk)
ecinorf@endependence.org
www.endependence.org

**Family Alliance** – Services: Counseling; family development services; financial support; prevention services; child care directory
434 845 5944
2600 Memorial Ave., Suite 201 (Lynchburg)
info@alliancece1.org
www.familyalliance1.org

**Family Preservation Services** – Services: Behavioral monitoring; case management; home-based and school-based services; therapeutic foster care
434 528 9711
105 Hexham Dr. (Lynchburg)
www.fpscorp.com

**Greater Lynchburg Transit Co.** – Services: Paratransit for qualifying individuals with disabilities; discounted fares for qualifying individuals with disabilities
434 455 5080
1301 Kemper St. (Lynchburg)
www.gltconline.com

**Harrell, Richard, Ph.D, FAAA, CCC-A** – Services: Audiologist- assessment for Auditory Processing Disorder
540 772 3729
Lewis-Gale Hearing Clinic
1802 Braeburn Circle (Salem)

**LACIL (Lynchburg Area Center for Independent Living)** – Services: Information and referral, peer counseling, independent living skills training, and individual and systems change advocacy, Medicaid waiver assistance
434 528 4971
500 Allegheny Ave. Ste 520 (Lynchburg)
LACIL@lacil.org
www.lacil.org
Liberty University Office of Disability Academic Support - Services: Support and academic counseling services for LU students with disabilities
Mr. Denny McHaney
434 582 2159
wdmchaney@liberty.edu

Lynchburg College
434 544 8100
1501 Lakeside Drive
Autism Spectrum Disorders Certificate Coursework: Gena Barnhill, 434 544 8771
Disability Support Services: Shawn Arnold, 434 544 8687
www.lynchburg.edu

Minnick Education Center – Services: Academic and behavioral programs for students with emotional and/or behavioral disabilities
540 265 4281
775 Dent Road (Roanoke)
www.minnickedc.org

Old Dominion Job Corps – Services: Academic and career training
434 929 9400
1073 Father Judge Rd. (Monroe)
http://olddominion.jobcorps.gov

PEATC (Parent Education Advocacy Training Center) – Services: Advocacy; educational and family services; on-line training programs; newsletter; events calendar; special education fact sheets and guides; transitioning to adulthood information and training
703 536 3023
Toll Free: 800 693 3514
100 N. Washington Street, Ste. 234 (Falls Church)
partners@peatc.org
www.peatc.org

Piedmont Psychiatric Center - Services: Mental health evaluations and treatment; 24-hour emergency mental health consultation; residential programs for children and adolescents with behavioral or emotional health difficulties; inpatient and outpatient psychiatric programs for youth and adults
434 200 5999 or 434 200 4444
3300 Rivermont Avenue (Lynchburg)
www.centrahealth.com/services/mentalhealth.aspx

540 862 6688
Alleghany Highlands Medical Center
Suite 101, ARH Lane (Low Moor)
http://herdewe.com

**Public Library – Amherst County (two locations)**
434 946 9488
www.acpl.us/about.shtml

**Public Library – Bedford County (six locations)**
540 586 8911
www.bplsonline.org

**Public Library – Campbell County (four locations)**
434 332 9560
www.campbellcountylibraries.org/

**Public Library – Lynchburg (two locations)**
434 455 6300
http://www.lynchburgva.gov

**Radford University Communication Sciences and Disorders Clinic** – Services: Prevention, assessment, and treatment of speech, language, swallowing, and hearing disorders for individuals from infancy through later adulthood.
Dr. Clair Waldron, Chair
540 831 7636 (Radford)
Cwaldron@radford.edu
http://speech.asp.radford.edu/index.html

**Randolph College – The Learning Resources Center** – Services: Alternative testing; assistive technologies; tutoring; support and academic counseling services for Randolph College students with disabilities
434 947 8132
Tina Barnes, Director
tbarnes@randolphcollege.edu (Lynchburg)
http://web.randolphcollege.edu/academics/disability_tips.asp

**Region 2000 Career Center** – Career and job seeker services; computer labs; resume assistance; workforce development; soft skills training
434 455 5940
2323 Memorial Ave, Ste. 25 (Lynchburg)
www.region2000.org
www.servicelocator.org

**Rivermont Schools** - Services: Academic and behavioral programs for students with emotional and/or behavioral or learning disabilities
Lloyd Tannenbaum, Ed.D., Director
434 942 9638
434 947 4697
3024 Forest Hills Circle (Lynchburg)
http://www.centrahealth.com/about/rivermont.aspx
**Rush Homes** – Services: Community-based housing options for adults with disabilities; housing related supportive services  
434 455 2120  
1022 Commerce St. Suite 3A (Lynchburg)  
info@rushhomes.org  
www.rushhomes.org

**Social Security Administration-Lynchburg** – Services: Supplemental Security Income and Social Security Disability benefits; Social Security Work Incentives  
Toll Free: 800 772 1213  
7618 Timberlake Road (Lynchburg)  
www.socialsecurity.gov

**Special Olympics-Lynchburg** – Services: Athletic training; recreation 
434 582 4712  
634A Wyndhurst Dr. (Lynchburg)  
www.specialolympicsva.org

**Stand Up, Inc.** – Services: Vocational assessment; job coaching and development; employment support services for individuals with disabilities  
434 455 2447  
2511 Memorial Ave, Ste. 300 (Lynchburg)  
drstandup@uahoo.com  
www.standup-inc.com

**Strategic Therapy Associates** – Services: Home and office-based therapy for children and adolescents at-risk, therapeutic companion services; Phoenix school/camp/after-school program  
434 237 9450  
108 Duncraig Drive (Lynchburg)  
lynchburgoffice@strategictherapyassociates.com  
http://www.strategictherapyassociates.com

**The Arc of Central Virginia** – Services: Summer camp; day support; residential program; respite care and in-home support  
434 845 4071  
1508 Bedford Avenue (Lynchburg)  
info@arcofcva.org  
www.arcofcva.org

**The Choice Group** – Services: Supported employment & vocational training; vocational assessment; life skills; community supports; career counseling; job placement  
Troy Russell  
434 941 0322  
60 Holly Haven Dr. (Lynchburg)  
info@thechoicegroup.com
www.thechoicegroup.com

**Training and Technical Assistance Center (TTAC)** – Services: Autism e-newsletter; brochures and articles; technical assistance and training to school division personnel with parent involvement; resource library; assistive technology assessment and resources
James Madison University
540 568 6746
Sally Chappel
chappesl@jmu.edu
Teresa Cogar
cogartl@jmu.edu
http://www.jmu.edu/ttac/

**University of Virginia Autism Research Group** – Services: Conducting research that directly benefits participating families and/or can be quickly translated into applicable services for families and individuals affected by autism
University of Virginia
Department of Psychology
434 982 4750
102 Gilmer Hall (Charlottesville)
autismuva@gmail.com
http://autismuva.com/

**VARC (Virginia Autism Resource Center) @ Virginia Commonwealth University** – Services: Information, resources, education and training related to autism spectrum disorders
804 674 8888 ext 5161
Toll Free: 877 667 7771
P.O. Box 842020 (Richmond)
info@varc.org
www.varc.org

**Virginia Autism Council** – Services: Skill competencies information and activities to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism; tuition reimbursement for training
State Autism Planning Council
C/o VCU Commonwealth Institute
P.O. Box 980489 (Richmond)
http://www.autismtrainingva.org
Virginia Department of Behavioral Health and Developmental Services:  
Office of Developmental Services – Services: Governmental oversight for autism and developmental disabilities in Virginia; Joint Legislative Audit and Review Commission (JLARC) on Services for Virginians with Autism Spectrum Disorders; Person Centered Planning initiative; Supports Intensity Scale training; Medicaid Waiver renewal activities housing studies; State Employment Leadership Network  
800 371 8977  
1220 Bank Street (Richmond)  
Cindy Gwinn, Community Resource Manager  
cindy.gwinn@dbhds.virginia.gov  
Emily Helmboldt, Community Resource Manager  
emily.helmboldt@dbhds.virginia.gov  
C. Lee Price, Director  
lee.price@dbhds.virginia.gov

Virginia Department of Education  
800 292 3820  
James Monroe Building  
101 N. 14th Street (Richmond)  
www.doe.virginia.gov  
- Gloria Dalton, Parent Ombudsman  
Phone: 804 371 7420 or 800 422 2083  
Gloria.Dalton@doe.virginia.gov  
- Dr. Judy Douglas, Office of Complaints and Dispute Resolution  
804 225 2771 or 800 422 2083  
Judy.Douglas@doe.virginia.gov  
- Dr. Douglas Cox, Division of Special Education and Student Services  
804 225 3252 or 800 422 2083  
Doug.Cox@doe.virginia.gov

Virginia Department of Rehabilitative Services -Services: Employment services to assist individuals with disabilities to get ready for, find, and keep a job; transition services; residential training and medical rehabilitation center; disability determination services; community rehabilitation and assistive technology services; services to businesses to support hiring individuals with disabilities  
434 947 6721  
2250 Murrell Road Suite F (Lynchburg)  
www.vadrs.org
Virginia Institute of Autism - Services: Day-school and other resources for families, educators and health professionals seeking services, training or information about autism and evidence based interventions. In addition to a year-round school for children ages two to twenty-one, VIA’s services include a 700-volume library, training workshops, internships for undergraduate and graduate students and teachers, customized training and consulting for schools and home-based programs for young children.
434 923 8252
1414 Westwood Rd. (Charlottesville)
info@viaschool.org
www.viaschool.org

Virginia Legal Aid Society – Services: Free legal help for financially-eligible individuals and families in accessing educational services, public benefits, housing, and other matters
434 528 4722
513 Church Street (Lynchburg)
www.vlas.org

Virginia Tech Autism Clinic and Virginia Tech Psychological Services Center – Services: Assessment, intervention, treatment, therapy, and research related to autism spectrum disorders
540 231 6914
3110 Prices Fork Road (Blacksburg)
autism@vt.edu or psychinfo@vt.edu
http://www.psyc.vt.edu/centers/psc/

VOPA (Virginia Office for Protection and Advocacy) – Services: Advocacy and legal representation to protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities
804 225 2042
Toll Free: 800 552 3962
1910 Byrd Avenue, Ste. 5 (Richmond)
generalvopa@vopa.virginia.gov
www.vopa.state.va.us

Wall Residences – Services: Residential and community services to persons who have a primary diagnosis of an intellectual, developmental disability or a long-term mental illness. 540 745 4216
1281 Huckleberry Ridge Rd. NE (Floyd)
info@wallresidences.com
www.wallresidences.com

Woodrow Wilson Rehabilitation Center – Services: Life Skills Transition Program; school-to-work transition programs for youth and young adults;
Postsecondary Education Rehabilitation Training Program; vocational evaluation; career and technical education training
800 345 9972
P.O. Box 1500 (Fishersville)
www.wwrc.virginia.gov