

Central Virginia Transition Council Resource Guide February 2010

This Guide is the product of input from individuals, families, and representatives of public and private entities with an interest in increasing awareness of potential resources for individuals with autism spectrum conditions and their families.

Your feedback, suggestions, additions, and corrections to this Guide are very much appreciated!

To provide input, or to participate in a Transition Council meeting, please contact:

Dottie Narodny, Adult and Transition Services Specialist
Commonwealth Autism Service
1-800-649-8481 or 540-587-8990 ext 105

For the user of this Guide: Please remember that not every Resource may be appropriate to your needs. The responsibility for determining the reliability or effectiveness of any Resource rests with you, the user of the Guide.

You are strongly encouraged to use independent judgment and request references when accessing any Resource associated with the provision of services related to autism spectrum conditions.

The information in the Resource Guide is provided as a service to the community and does not constitute a recommendation, referral, or endorsement of any resource, therapeutic method, or service by Commonwealth Autism Service and/or the participants in the Central Virginia Transition Council.



COMMONWEALTH *autism* SERVICE

leading the way

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Adult Asperger Support Group – *Services: Free monthly support group meetings with loosely structured agenda, discussing topics of interest to participants – for adults of all ages on the high-functioning end of the autism spectrum, including Asperger Syndrome, who would like support for strengthening communication and relationship skills*

Alan Beach, PhD, LCSW, LMFT
210 S. Main St. (Salem)
540 387 3955 or 540 387 3955
Aebeach2@yahoo.com

Astride with Pride - *Services: Therapeutic Riding-Children & Adults*

Stormie Shelton-Hazen
540 587 0668
1913 Bell Town Rd. (Bedford)
www.astridewithpride@aol.com
www.astridewithpride.org

Aunt Gwen's Place - *Services: Independent living skills for youth and young adults*

434 237 3700
7324 Timberlake Road (Lynchburg)
www.auntgwensplace.org

Blue Ridge Therapy Associates - *Services: OT, PT, SLP for all ages*

434 845 8765
1912 Memorial Ave (Lynchburg)
kpaulette@verizon.net
www.blueridgetherapy.com

Cabaniss Consultants - *Services: Adolescents and Adults with intellectual and other developmental disabilities, residential, pre-vocational training*

434 847 2800
3723 Old Forest Road, Ste. H (Lynchburg)
www.cabanisshomes.com

Camp Meadowlark - *Services: Summer day camp for ages two through adulthood for individuals with cognitive and/or physical disabilities*

The Arc of Central Virginia
Connie Blackwell
434 845 4071
1508 Bedford Ave. (Lynchburg)
cblackwell@arcofcva.org
<http://www.arcofcva.org/Camp.htm>

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Camp Virginia Jaycee – *Services: Summer day and residential camp for individuals with disabilities; respite weekend camps*

540 947 2972

800 865 0092

2494 Camp Jaycee Rd. (Blue Ridge)

info@campvajc.org

www.campvajc.org

Center for Rehabilitation and Development - *Services: Aquatic therapy, autism program, early intervention, therapeutic services (OT, PT, SLP)*

540 989 1290

4515 Brambleton Ave (Roanoke)

info@crdus.com

www.crdus.com

Central Virginia Community College Disability Services Counseling Center - *Services: Support and academic counseling services for CVCC students with disabilities*

Amherst Hall, Room 2100

434 832 7800

3506 Wards Road (Lynchburg)

www.cv.cc.va.us

Central Virginia Community Services - *Services: Behavioral health, case management services from birth through adulthood, crisis intervention and referral, counseling and therapy, early intervention, housing and residential services, intellectual disability services and waiver, mental health, nursing services, psychiatric assessment and treatment coordination*

434 847 8050, 8035 (Adult Services), 8431 (Child & Family Services)

2241 Langhorne Rd. (Lynchburg)

www.cvcsb.org

Clark, Kathleen, O.D. – *Services: Doctor of Optometry; evaluates visual processing, visual perceptual and visual motor skills and other functional visual skills; prescribes and fits glasses, contact lenses, and other remedial visual prostheses*

434 973 5361

441 Westfield Rd. (Charlottesville)

Commonwealth Autism Service - Bedford Office – *Services: Consultation regarding issues and concerns across the lifespan; information and referral; Medicaid assistance; training opportunities and workshops; resource library; Central Virginia Autism Action Group and Central Virginia Transition Council information*

Dottie Narodny, Transition/Adult Services

Didi Zaryczny, Action Groups Coordinator

Bedford Community Resource Center

540 587 8990 x 105 & 108

403 Otey St. (Bedford)

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dnarodny@autismva.org
dzaryczny@autismva.org
www.autismva.org

Creative Family Solutions -Services: Medicaid Waiver services; in-home residential supports, mentoring, crisis intervention and stabilization, behavior intervention; mental health supports
434 528 3982
517 Oakley Ave (Lynchburg)
www.creativefamilysolutions.net

Deaf and Hard of Hearing Services Center – Services: Outreach, information & referral, assistive technology, sign language interpreter directory, newsletter, advocacy
434 528 4991
Videophone: 866 971 3250
2323 Memorial Ave, Ste. 25 (Lynchburg)
Lynchburg@deafhh.org
www.deafhh.net

Departments of Social Services – Services: Child and adult day care and protective services; assisted living facilities; Virginia Caregivers Grant Program; Medicaid, FAMIS and other medical/financial assistance; children's residential services
<http://www.dss.virginia.gov/>

➤ **Amherst County:**

434 946 9330
224 Second St.
P.O. Box 414 (Amherst)

➤ **Bedford County:**

540 586 7750
119 E. Main Street
P.O. Box 1187 (Bedford)

➤ **Campbell County:**

434 332 9585
69 Kabler Lane.
P.O. Box 860 (Rustburg)

➤ **Lynchburg City:**

434 455 5850
99 Ninth Street
P.O. Box 6798 (Lynchburg)

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Dominion Services – *Services: Medicaid Waiver In-home residential supports; sponsored residential services; person-centered planning; mental health support services*

540 362 0796 or 540 400 7596
3646 Williamson Road NE (Roanoke)
www.dominionyouthservices.com

Endeppendence Center, Inc (EC) – *Services: Advocacy and information regarding educational supports; housing assistance; independent living skills; Medicaid Waiver information and assistance*

757 461 8007
6000 E. Virginia Beach Blvd. (Norfolk)
ecinorf@endependence.org
www.endependence.org

Family Alliance – *Services: Counseling; family development services; financial support; prevention services; child care directory*

434 845 5944
2600 Memorial Ave., Suite 201 (Lynchburg)
info@alliancece1.org
www.familyalliance1.org

Family Preservation Services – *Services: Behavioral monitoring; case management; home-based and school-based services; therapeutic foster care*

434 528 9711
105 Hexham Dr. (Lynchburg)
www.fpscorp.com

Greater Lynchburg Transit Co. – *Services: Paratransit for qualifying individuals with disabilities; discounted fares for qualifying individuals with disabilities*

434 455 5080
1301 Kemper St. (Lynchburg)
www.gltconline.com

Harrell, Richard, Ph.D, FAAA, CCC-A – *Services: Audiologist- assessment for Auditory Processing Disorder*

540 772 3729
Lewis-Gale Hearing Clinic
1802 Braeburn Circle (Salem)

LACIL (Lynchburg Area Center for Independent Living) – *Services: Information and referral, peer counseling, independent living skills training, and individual and systems change advocacy, Medicaid waiver assistance*

434 528 4971
500 Allegheny Ave. Ste 520 (Lynchburg)
LACIL@lacil.org
www.lacil.org

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Liberty University Office of Disability Academic Support - *Services: Support and academic counseling services for LU students with disabilities*

Mr. Denny McHaney
434 582 2159
wdmchaney@liberty.edu

Lynchburg College

434 544 8100
1501 Lakeside Drive

Autism Spectrum Disorders Certificate Coursework: Gena Barnhill, 434 544 8771

Disability Support Services: Shawn Arnold, 434 544 8687
www.lynchburg.edu

Minnick Education Center – *Services: Academic and behavioral programs for students with emotional and/or behavioral disabilities*

540 265 4281
775 Dent Road (Roanoke)
www.minnickedc.org

Old Dominion Job Corps – *Services: Academic and career training*

434 929 9400
1073 Father Judge Rd. (Monroe)
<http://olddominion.jobcorps.gov>

PEATC (Parent Education Advocacy Training Center) – *Services: Advocacy; educational and family services; on-line training programs; newsletter; events calendar; special education fact sheets and guides; transitioning to adulthood information and training*

703 536 3023
Toll Free: 800 693 3514
100 N. Washington Street, Ste. 234 (Falls Church)
partners@peatc.org
www.peatc.org

Piedmont Psychiatric Center- *Services: Mental health evaluations and treatment; 24-hour emergency mental health consultation; residential programs for children and adolescents with behavioral or emotional health difficulties; inpatient and outpatient psychiatric programs for youth and adults*

434 200 5999 or 434 200 4444
3300 Rivermont Avenue (Lynchburg)
www.centrahealth.com/services/mentalhealth.aspx

Pillow, Gary, Ed.D, CCC-SLP/A –*Services: Audiologist – assessment for Auditory Processing Disorder*

540 862 6688
Alleghany Highlands Medical Center
Suite 101, ARH Lane (Low Moor)

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<http://herdewe.com>

Public Library – Amherst County (two locations)

434 946 9488

www.acpl.us/about.shtml

Public Library – Bedford County (six locations)

540 586 8911

www.bplsonline.org

Public Library – Campbell County (four locations)

434 332 9560

www.campbellcountylibraries.org/

Public Library - Lynchburg (two locations)

434 455 6300

<http://www.lynchburgva.gov>

Radford University Communication Sciences and Disorders Clinic – *Services:*

Prevention, assessment, and treatment of speech, language, swallowing, and hearing disorders for individuals from infancy through later adulthood.

Dr. Clair Waldron, Chair

540 831 7636 (Radford)

Cwaldron@radford.edu

<http://speech.asp.radford.edu/index.html>

Randolph College - The Learning Resources Center – *Services: Alternative testing; assistive technologies; tutoring; support and academic counseling services for Randolph College students with disabilities*

434 947 8132

Tina Barnes, Director

tbarnes@randolphcollege.edu (Lynchburg)

http://web.randolphcollege.edu/academics/disability_tips.asp

Region 2000 Career Center – *Career and job seeker services; computer labs; resume assistance; workforce development; soft skills training*

434 455 5940

2323 Memorial Ave, Ste. 25 (Lynchburg)

www.region2000.org

www.servicelocator.org

Rivermont Schools – *Services: Academic and behavioral programs for students with emotional and/or behavioral or learning disabilities*

Lloyd Tannenbaum, Ed.D., Director

434 942 9638

434 947 4697

3024 Forest Hills Circle (Lynchburg)

<http://www.centrahealth.com/about/rivermont.aspx>

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Rush Homes – *Services: Community-based housing options for adults with disabilities; housing related supportive services*

434 455 2120

1022 Commerce St. Suite 3A (Lynchburg)

info@rushhomes.org

www.rushhomes.org

Social Security Administration-Lynchburg – *Services: Supplemental Security Income and Social Security Disability benefits; Social Security Work Incentives*

Toll Free: 800 772 1213

7618 Timberlake Road (Lynchburg)

www.socialsecurity.gov

Special Olympics-Lynchburg – *Services: Athletic training; recreation*

434 582 4712

634A Wyndhurst Dr. (Lynchburg)

www.specialolympicsva.org

Stand Up, Inc. – *Services: Vocational assessment; job coaching and development; employment support services for individuals with disabilities*

434 455 2447

2511 Memorial Ave, Ste. 300 (Lynchburg)

drstandup@uahoo.com

www.standup-inc.com

Strategic Therapy Associates – *Services: Home and office-based therapy for children and adolescents at-risk, therapeutic companion services; Phoenix school/camp/after-school program*

434 237 9450

108 Duncraig Drive (Lynchburg)

lynchburgoffice@strategictherapyassociates.com

http://www.strategictherapyassociates.com

The Arc of Central Virginia - *Services: Summer camp; day support; residential program; respite care and in-home support*

434 845 4071

1508 Bedford Avenue (Lynchburg)

info@arcofcva.org

www.arcofcva.org

The Choice Group - *Services: Supported employment & vocational training; vocational assessment; life skills; community supports; career counseling; job placement*

Troy Russell

434 941 0322

60 Holly Haven Dr. (Lynchburg)

info@thechoicegroup.com

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www.thechoicegroup.com

Training and Technical Assistance Center (TTAC) – *Services: Autism e-newsletter; brochures and articles; technical assistance and training to school division personnel with parent involvement; resource library; assistive technology assessment and resources*

James Madison University

540 568 6746

Sally Chappel

chappesl@jmu.edu

Teresa Cogar

cogartl@jmu.edu

<http://www.jmu.edu/ttac/>

University of Virginia Autism Research Group – *Services: Conducting research that directly benefits participating families and/or can be quickly translated into applicable services for families and individuals affected by autism*

University of Virginia

Department of Psychology

434 982 4750

102 Gilmer Hall (Charlottesville)

autismuva@gmail.com

<http://autismuva.com/>

VARC (Virginia Autism Resource Center) @ Virginia Commonwealth

University – *Services: Information, resources, education and training related to autism spectrum disorders*

804 674 8888 ext 5161

Toll Free: 877 667 7771

P.O. Box 842020 (Richmond)

info@varc.org

www.varc.org

Virginia Autism Council – *Services: Skill competencies information and activities to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism; tuition reimbursement for training*

State Autism Planning Council

C/o VCU Commonwealth Institute

P.O. Box 980489 (Richmond)

<http://www.autismtrainingva.org>

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Virginia Department of Behavioral Health and Developmental Services:

Office of Developmental Services – *Services: Governmental oversight for autism and developmental disabilities in Virginia; Joint Legislative Audit and Review Commission (JLARC) on Services for Virginians with Autism Spectrum Disorders; Person Centered Planning initiative; Supports Intensity Scale training; Medicaid Waiver renewal activities housing studies; State Employment Leadership Network*
800 371 8977

1220 Bank Street (Richmond)

Cindy Gwinn, Community Resource Manager
cindy.gwinn@dbhds.virginia.gov

Emily Helmboldt, Community Resource Manager
emily.helmboldt@dbhds.virginia.gov

C. Lee Price, Director
lee.price@dbhds.virginia.gov

Virginia Department of Education

800 292 3820

James Monroe Building
101 N. 14th Street (Richmond)
www.doe.virginia.gov

➤ Gloria Dalton, Parent Ombudsman
Phone: 804 371 7420 or 800 422 2083
Gloria.Dalton@doe.virginia.gov

➤ Dr. Judy Douglas, Office of Complaints and Dispute Resolution
804 225 2771 or 800 422 2083
Judy.Douglas@doe.virginia.gov

➤ Dr. Douglas Cox, Division of Special Education and Student Services
804 225 3252 or 800 422 2083
Doug.Cox@doe.virginia.gov

Virginia Department of Rehabilitative Services -*Services: Employment services to assist individuals with disabilities to get ready for, find, and keep a job; transition services; residential training and medical rehabilitation center; disability determination services; community rehabilitation and assistive technology services; services to businesses to support hiring individuals with disabilities*
434 947 6721

2250 Murrell Road Suite F (Lynchburg)
www.vadrs.org

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Virginia Institute of Autism - *Services: Day-school and other resources for families, educators and health professionals seeking services, training or information about autism and evidence based interventions. In addition to a year-round school for children ages two to twenty-one, VIA's services include a 700-volume library, training workshops, internships for undergraduate and graduate students and teachers, customized training and consulting for schools and home-based programs for young children.*

434 923 8252

1414 Westwood Rd. (Charlottesville)

info@viaschool.org

www.viaschool.org

Virginia Legal Aid Society - *Services: Free legal help for financially-eligible individuals and families in accessing educational services, public benefits, housing, and other matters*

434 528 4722

513 Church Street (Lynchburg)

www.vlas.org

Virginia Tech Autism Clinic and Virginia Tech Psychological Services Center

- *Services: Assessment, intervention, treatment, therapy, and research related to autism spectrum disorders*

540 231 6914

3110 Prices Fork Road (Blacksburg)

autism@vt.edu or psychinfo@vt.edu

<http://www.psyc.vt.edu/centers/psc/>

VOPA (Virginia Office for Protection and Advocacy) - *Services: Advocacy and legal representation to protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities*

804 225 2042

Toll Free: 800 552 3962

1910 Byrd Avenue, Ste. 5 (Richmond)

generalvopa@vopa.virginia.gov

www.vopa.state.va.us

Wall Residences - *Services: Residential and community services to persons who have a primary diagnosis of an intellectual, developmental disability or a long-term mental illness.* 540 745 4216

1281 Huckleberry Ridge Rd. NE (Floyd)

info@wallresidences.com

www.wallresidences.com

Woodrow Wilson Rehabilitation Center - *Services: Life Skills Transition Program; school-to-work transition programs for youth and young adults;*

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*Postsecondary Education Rehabilitation Training Program; vocational evaluation;
career and technical education training*

800 345 9972

P.O. Box 1500 (Fishersville)

www.wwrc.virginia.gov